

# tip talk

organizing, cleaning, recycling & more



## 5 things to do with...hand lotion

- 1 GET RID OF WINTER CLOTHING STATIC** Put a small amount on your hands and rub them over your clothing or pantyhose.
- 2 POLISH SHOES** In a pinch, a little bit of lotion buffed with a cloth salves the leather and makes shoes shine.
- 3 MOISTURIZE UNDER YOUR GLOVES** Store a tube of it near your gloves, and smooth some onto your hands every time you pull them on.
- 4 GET RID OF FRIZZ** Spread a little over fingertips (not directly on hair) and scrunch your fingers through the frizz. A great ladies' room trick.
- 5 SHAVE** Has that can of foam sputtered out? Grab a bottle of lotion as a stand-in. Bonus: Your legs stay moisturized afterward.

## UH-OH! QUICK FIX

Every so often I accidentally leave an apple in my gym bag, and I'm rewarded with...fruit flies. Swatting 'em never works. Instead, pour a few ounces of a fly-appealing beverage like fruit juice into a glass. Then take a coffee filter, cut a half-inch hole in the bottom and put it in the glass. Go take a break—flies will get trapped below the filter. (Dump the cup outside.)

## gotta have it!

The key to organized cabinets: space-efficient items that store easily. My newest discovery is the Flat Fold Colander, which folds up (unbelievably!) to the size of a magazine. And no more spilled noodles either—the snazzy pour spout directs things where you want them to go. \$9.99; [bedbathandbeyond.com](http://bedbathandbeyond.com)



## WORD OF THE MONTH: CHILL

One word, so many meanings!

- 1 (adj)** Moderately cold. *When it starts getting chilly, put rock salt or sand in a milk jug near your door so you won't get iced in.*
- 2 (verb)** To cool, but not freeze. *Ideally, New Year's champagne and many white wines should be chilled to approximately 50 degrees.*
- 3 (verb)** To discourage or sadden. *Seasonal affective disorder chills the spirit, but it can be treated with light therapy that mimics natural sun, like the Zadro Sunlight 365 Personal Artificial Sunlight Therapy; \$49.99 at [target.com](http://target.com)*