

* BETTERLIFE

HOW-TO 101

» Marie Claire's monthly guide to fashion, beauty, and self-improvement



HOW TO... GET OUT A RED-WINE STAIN
by Arianne Cohen, author of *Help, It's Broken! A Fix-It Bible for the Repair-Impaired*

- 1 As soon as possible, blot the stain with a white paper towel or cloth to absorb excess liquid.
- 2 Run under cool water to keep stain from setting.
- 3 Treat with a bit of pure glycerin (available at drug-stores or natural-food stores). Leave it on for five minutes, then rinse.
- 4 Now, the secret weapon: liquid dish detergent, made to remove the dyes in food! Choose a basic one—clear or white and unscented—and blot onto stain.
- 5 Rinse again in cool water.
- 6 If the stain is still there, switch to plan B, a 1:2 mixture of white vinegar and water. Soak until the stain dissipates (if it's not gone within an hour, change the solution and try again), then repeat steps 2–5.